UC Los Alamos National Laboratory Overview of 2004 Medical Benefits







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October 7, 2003



Today's Agenda







People, Technology, Solutions.

- Provide an overview of the medical plan services that will be provided to UC LANL on January 1, 2004:
 - Select EPO
 - Options PPO
 - iPlan
 - Cancer Resource Services
 - Transplant Services
- Discuss the Provider Network and Development Status
- Review accessing care from Chiropractors and Acupuncturists
- Respond to any questions about your UnitedHealthcare programs and services

UC LANL's Select EPO - Overview







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What is Select EPO?







- The plan offers coverage for the vast majority of your health care needs at less expense to you through innetwork benefits
- There are no claim forms or bills to worry about when you use in-network providers
- Emergency services are covered anywhere in the world
- You can choose your providers from a local and national network of providers
- You can self refer to specialists and other healthcare providers



How the Select EPO Plan Works







- You choose a primary care physician from the network to be your primary doctor - that physician will serve as your guide in coordinating care and recommending other physicians
- No referrals needed for specialist care you can self-refer
- You can use any provider in the national network
- Preventive care is covered
- You pay an annual deductible
- After you meet your deductible, you pay only the coinsurance and copayment amounts
- Your plan protects you with an out-of-pocket maximum
- Your doctor is responsible for prior notification, when required



UC LANL's Options PPO - Overview







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What is Options PPO?







- You have access to a large national network an the option to use network providers or non-network providers
- With such a large network, it is easy to find medical care while traveling or for children away at school
- There are no claim forms or bills to worry about when you use in-network providers
- Emergency services are covered anywhere in the world
- You can choose your providers from a local and national network of providers - no referrals are required



How the Options PPO Plan Works







- No referrals needed for specialist care you can self-refer
- You can use any provider in the national network or access out of network providers
- You can visit out of network providers and still enjoy your benefits - higher copayments and deductibles apply
- Preventive care is covered
- You pay an annual deductible
- After you meet your deductible, you pay only the coinsurance and copayment amounts
- Your plan protects you with an out-of-pocket maximum
- You are responsible for prior notification, when required



Resources That Give You Support







- Medical advice, when you want it with Optum NurseLineSM
- Information for expectant moms through the Healthy Pregnancy Program
- Care CoordinationSM assists you identifying and preventing delays in care through specialized support
- URN Transplant and Cancer Resource Services assists you in getting to the best provider for your unique health care needs
- myuhc.com provides personalized information and service:
 - Choose a physician
 - Compare hospitals
 - Get directions to the doctor
 - Track health care claims
 - Order ID cards
 - Access evidence based guidelines
 - Obtain treatment information about health care conditions.



iPlan - A Breakthrough in Your Healthcare

www.uniprise.com







October 6 and 7, 2003



Why iPlan?







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Be a wise Health Care Consumer

- What you can do:
 - Talk with your doctor "what are all my treatment options?"
 - Use generic drugs when possible
 - Learn to prevent recurring problems
- Manage your care and your costs
- Take charge of managing your costs and your care
 - Being consumer minded
 - Doing your homework
 - Stay involved in managing your health care
- The new iPlan can help it's unlike any plan you've ever had

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A New Approach to Health Care







- You take charge of your health care spending
- You decide how to use your health care dollars
- You are covered for up-front costs
- You are protected against larger, catastrophic expenses
- You enjoy comprehensive PPO coverage
- You benefit from an employer-funded PBA
- You get information and support to help make the most of your benefits!









iPlan has two components

PPO Medical Benefit Plan

A Traditional Medical Plan



Personal Benefit Account (PBA)

A fund provided by your employer to cover outof-pocket costs



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How the PPO Plan Works







- Freedom to choose in-network or out-of-network providers
- Lower costs when you use in-network providers
- No primary care physician needed
- No referrals needed for specialist care
- Preventive care is covered
- You pay an annual deductible
- After you meet your deductible, you pay only the coinsurance amount
- Your plan protects you with an out-of-pocket maximum



How the PPO Plan Works for you?







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Deductibles and Out of Pocket (OOP)
 Maximums –

	Deductible	OOP Maximum:	OOP Maximum:
		In Network	Out of Network
Employee	\$1,500	\$2,750	\$8,500
Employee + Spouse	\$2,250	\$4,125	\$12,750
Employee + Child(ren)	\$2,250	\$4,125	\$12,750
Employee + Family	\$3,000	\$5,500	\$17,000

Note: Deductible inclusive of PBA

 Coinsurance – 90% in-network / 60% out-ofnetwork

How the PBA Works







- Your employer contributes money to your account each year
 - Employee: \$750
 - Employee + Child, or Employee + Spouse: \$1,125
 - Family: \$1,500

- You can use these funds to pay for your:
 - Deductible
 - Coinsurance or copayments
 - Other eligible medical expenses



How the PBA Works







- First, it can help pay your deductible
- After you use your PBA, you pay any remaining deductible
- Once you meet your deductible, you pay coinsurance
- Any PBA dollars left at the end of the plan year carry over and are added to next year's PBA
- Accessing your Funds:
 - Network doctors and providers submit claims and are paid directly by your PBA, or
 - You submit a claim form and receipts and receive direct reimbursement (check or direct deposit), or
 - Remember to keep your receipts for your records.



How Carrie Uses the PBA







- Carrie has \$750 in her PBA.
- She sees an in-network doctor because of a bronchial infection.
- The doctor submits a claim for \$200. It is processed on the medical system but Carrie has not met her deductible.
- The balance is sent to her PBA, which pays the doctor \$200.
- Carrie now has \$800 left on her deductible. Her PBA balance is \$550.



Resources That Give You Support







- Medical advice, when you want it with Optum NurseLineSM and Live Nurse Chat
- Information for expectant moms through the Healthy Pregnancy Program
- Care CoordinationSM assists you throughout your hospital stay
- Treatment Cost Estimator researches treatment costs in your area
- Pharmacy Online lets you research drug costs and get information on any drug treatment
- myuhc.com provides personalized information and service:
 - Choose a physician
 - Compare hospitals
 - Get directions to the doctor
 - Track your PBA balance
 - Track health care claims
 - Order ID cards



Why Choose iPlan®?







- You control your health care spending
- You get an account to use for your up-front expenses
- Your unused dollars roll over to the next year
- You choose your health care provider
- No referrals needed for specialists
- You have a wealth of information wheney want it
- You enjoy world-class customer service
- You are protected with Out of Pocket Max nums

Cancer Resource Services







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Cancer Resource Services







- A program that can help people make informed cancer care decisions and receive appropriate and effective care
- A multi-faceted approach to cancer treatment that includes connecting patients with leading cancer centers based on a rigorous multi-faceted credentialing process
- A service based in both clinical support/consultation and access to cancer centers of excellence



Cancer Resource Services







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- Assists patients in getting the right care in the right place at the right time to optimize outcomes
- Helps patients understand their options so they can make informed decisions about their care
- Complements local networks of hospitals and physicians
- Emphasizes assistance for rare, complex and potentially high cost types of cancer, but available for any kind of cancer
- Access to clinical expertise that may be unavailable in the community, or for expanded options

Consulting Services







- Cancer Resource Services (CRS) nurse consultants focus on helping patients decide where to get care
 - Identify patient's concerns and needs
 - Support the patient-physician relationship
 - Emphasize that the patient is the final decision-maker
- Nurse consultants provide relevant information on cancer centers, clinical topics and considerations in choosing where to get care
- The CRS Medical directors are available to discuss cases and to connect referring physicians with cancer experts at CRS cancer centers



Cancer Centers and Services







Contracts with cancer centers provide:

- Evaluation, second opinion and treatment services
 Referrals to cancer centers via:
- Patient or family member's call to CRS nurse consultants
 - Information on the CRS web site
 - Link to CRS web site from myuhc.com and/or from employer's Intranet site
 - Collateral materials available
- Community physician referral



Cancer Resource Services Cancer Centers







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ALABAMA

University of Alabama at Birmingham Comprehensive Cancer Center*

Birmingham

CALIFORNIA

City of Hope Cancer Center*

Duarte

Stanford Hospital and Clinics*

Stanford

UCSF Comprehensive Cancer Center*

San Francisco

FLORIDA

H. Lee Moffitt Cancer Center and Research Institute*

Tampa

MARYLAND

The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins*

Baltimore

MASSACHUSETTS

Dana-Farber/Partners Cancer Care* (Dana-Farber Cancer Center, Brigham & Women's Hospital and Massachusetts General Hospital)

Boston

MICHIGAN

University of Michigan Comprehensive Cancer Center*

Ann Arbor

MINNESOTA

Fairview-University Medical Center at the University of Minnesota

Minneapolis

NEBRASKA

Nebraska Health System/University of Nebraska Medical Center*

Omaha

NEW YORK

Memorial Sloan-Kettering Cancer Center*

New York

Roswell Park Cancer Institute*

Buffalo

OHIO

James Cancer Hospital at The Ohio State University*

Columbus

PENNSYLVANIA

Fox Chase Cancer Center*

Philadelphia

TENNESSEE

St. Jude Children's Research Hospital* *Memphis*

UTAH

Huntsman Cancer Institute at the University of Utah*
Salt Lake City

WISCONSIN

University of Wisconsin Comprehensive Cancer Center *Madison*

Provider Network Overview







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Provider Network Discussion







- Approximately 1,500 physicians in UHC's New Mexico network today
- Development continues prioritizing contracting with physicians that UC LANL uses today
- Results to date are promising
- What you can expect over the next few months
- Accessing Chiropractors and Acupuncturists
- Nominating a provider you would like to have in the network - how to do this

